LOUISIANA HIGH SCHOOL
POWERLIFTING ASSOCIATION

BODYWEIGHT CLASSES FOR MEN AND WOMEN

MEN'S WEIGHT CLASSES	WOMEN'S WEIGHT CLASSES
UP TO 114.5 LBS.	97 LBS. AND UNDER
123.5 LBS.	105.8 LBS.
132.3 LBS.	114.5 LBS.
148.8 LBS.	123.5 LBS.
165.3 LBS.	132.3 LBS.
181.8 LBS.	148.8 LBS.
198.3 LBS.	165.3 LBS.
220.3 LBS.	181.8 LBS.
242.5 LBS.	198.3 LBS.
275.5 LBS.	220.3 LBS.
OVER 275.5 LBS. (SUPER HEAVY WEIGHT)	OVER 220.3 LBS. (SUPER HEAVY WEIGHT)